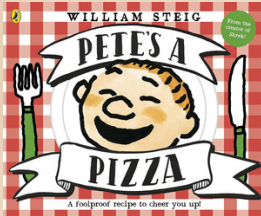


Emotional Regulation Children's Book List

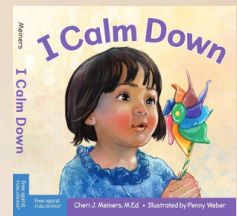
An Amazon List From Kristy



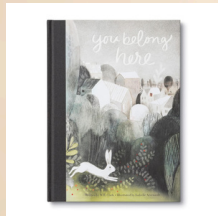
Pete's A Pizza
by William Steig
A Foolproof Recipe to
Cheer You Up



Woo Hoo! You're Doing Great
by Sandra Boynton
Trying Our Best is a Reason to
Celebrate



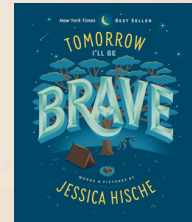
I Calm Down
by Cheri J. Miners
Working Through Strong Emotions



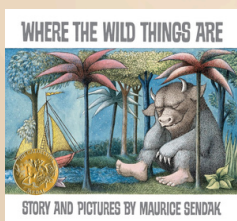
You Belong Here
by M.H. Clark
Reminding Children You Are
Right Where You Belong



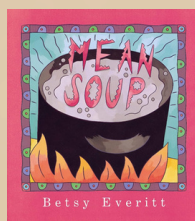
After The Fall
by Dan Santat
Will Humpty Summon The
Courage To Face His Fear?



Tomorrow I'll Be Brave
by Jessica Hische
Tomorrow is Another Day, Full of
Endless Possibilities



Where The Wild Things Are
by Maurice Sendak
Let Your Imagination Take Control
When You Face Challenges In Life



Mean Soup
by Betsy Everitt
It's Been a Very Bad Day for Horace,
His Mother Knows What To Do



Tomorrow I'll Be Kind
by Jessica Hische
The Smallest Kind Gestures Can
Make The Biggest Differences

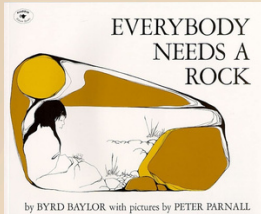


amazon

Kristy DeGraaf
FAMILY CHILDCARE PROFESSIONAL

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Everybody Needs a Rock

by Byrd Baylor

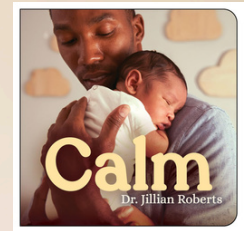
A Rock Hound's Guide for Finding
Just The Right Rock for You



A Very Big Fall

by Emmy Kastner

Finding Joy in Change



Calm

by Dr. Jillian Roberts

The Little People in Our Lives
Need Us Calm



The Bad Seed Collection

by Jory John

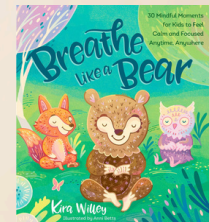
A Collection of Seeds, Beans, Cookies,
Potatoes and Eggs



The Bad Seed

by Jory John

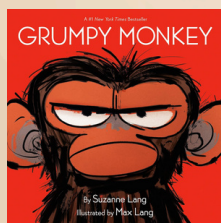
I Was a Baaaaad Seed, Until I
Changed My Mind



Breathe Like A Bear

by Kira Willey

30 Mindful Moments for Kids to Feel
Calm and Focus Anytime, Anywhere



Grumpy Monkey

by Suzanne Lang

A Chimpanzee in a Very Bad Mood



I Love You When You're Angry

by Erin Winters

Good Days and Bad Days End The
Same - with an "I Love You"



How Do I Feel?

by Jessica Hische

A Little Guide to My Emotions



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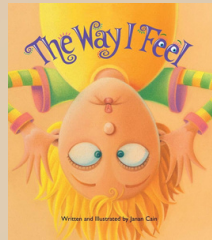
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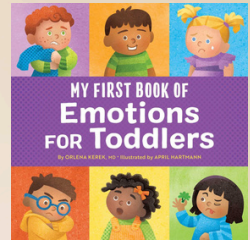
An Amazon List From Kristy



In My Heart
by Jo Witek
A Book of Feelings



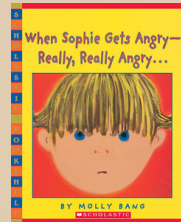
The Way I Feel
By Janan Cain
Feelings are Neither Good or Bad



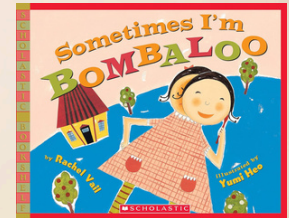
Emotions For Toddlers
by Orlena Kerek, MD
Defining & Expressing
Emotions in Positive Ways



A Little Spot of Emotion
by Diane Alber
8 Book Box Set (Anger, Anxiety,
Peaceful, Happiness, Sadness,
Confidence, Love, Scribble)



When Sophie Gets Angry
by Molly Bang
See What Sophie Does When She
Gets Angry - What will You Do?



Sometimes I'm Bombaloo
by Rachel Vail
...Sometimes Katie Gets So Mad She's
Bombaloo, She's Not Herself



Once Upon a Tree
by Dawn Jarocki, Soren Kisel
Struggling to Find Meaning, The Leaf
Discovers its Unique Purpose



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